

AUTHORS & ILLUSTRATORS

Laurie Ganey (*author, illustrator*) earned a B.A. in Psychology with a concentration in Family, Children, and Youth from Bloomsburg University of Pennsylvania (2015). Ms. Ganey plans to attend graduate school in the Fall 2015 to pursue an advanced degree in School Psychology.

Mary Katherine Duncan (*author*) earned a B.A. in Experimental Psychology from Bryn Mawr College (1994) as well as a M.S. (1997) and Ph.D. (1999) in Psychology from Vanderbilt University. She is a Professor of Psychology at Bloomsburg University of Pennsylvania, Joan and Fred Miller Distinguished Professor of Good Work, and Founder of the BU Toy Library (www.bloomu.edu/toy_library).

PROJECT PARTNERS

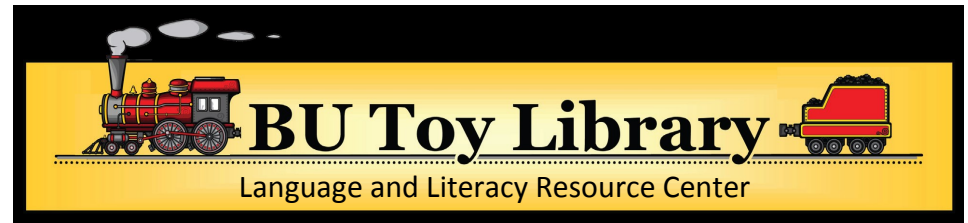


Founded in 1897 at the University of Maine, Phi Kappa Phi is the nation's oldest, largest, and most selective honor society for all academic disciplines. This booklet was made possible through a 2014-2015 Phi Kappa Phi Literacy Award presented to Dr. Mary Katherine Duncan.



Bloomsburg University of Pennsylvania, a member of Pennsylvania's State System of Higher Education, is a four-year public university. The university has many strengths including its students, faculty, technology leadership, athletic programs, and campus safety.

© 2015, Bloomsburg University of Pennsylvania



Doing Good: Bloomsburg

Volunteer Opportunities for
Families, Children, and Youth®



Laurie Ganey
Mary Katherine Duncan

NOTES

WE WOULD LOVE TO HEAR FROM YOU



Please send suggestions and feedback for the next edition to

Dr. Mary Katherine Duncan

mduncan@bloomu.edu

(570) 389-4469 (phone)

(570) 389-2019 (fax)

We look forward to receiving your

- comments about *Doing Good: Bloomsburg*
- suggestions for improving *Doing Good: Bloomsburg*
- information about your volunteer and community outreach experiences
- descriptions of your own efforts to help others in Bloomsburg
- names and contact information of other organizations that would like to be added to the next edition of *Doing Good: Bloomsburg*

TABLE OF CONTENTS



What is Good Work?	5
Volunteer Opportunities	
Children & Youth	6
Older Adults	8
Special Needs	10
Animal Welfare	12
Hunger	13
Community	14
Doing Good Your Own Way	15
We Would Love to Hear from You	18

Doing Good Your Own Way

FAITH-BASED ORGANIZATIONS

Almedia Bible Church	570-784-7651
Beth Israel Congregation	570-784-1110
Bloomsburg Christian Church	570-784-3740
Calvary Baptist Church	570-387-0655
Christ Lutheran Church	570-784-1277
Community Alliance Church	570-784-6161
First English Baptist Church	570-784-1241
First Presbyterian Church	570-784-2322
Glad Tidings Assembly of God	570-784-0808
Good Shepherd United Methodist	570-784-7430
Ridge Street United Methodist	570-784-4755
Saint Columba Catholic Church	570-784-0801
Saint John's Lutheran Church	570-784-7342
Saint Luke Lutheran Church	570-784-5035
Saint Matthew Lutheran Church	570-784-4515
Saint Paul's Episcopal Church	570-784-3316
Trinity Reformed United Church	570-784-6723
Victory Baptist Church	570-784-4440
Wesley United Methodist Church	570-784-1407

PARKS

Bloomsburg Town Park	717-329-8039
Espy Park	570-784-9114

Doing Good Your Own Way

The following local schools, fire departments, faith-based organizations, and parks also may benefit from your good work.



SCHOOLS

Bloomsgburg Area School District	bloomsgburgasd.schoolwires.com
Bloomsgburg Christian School	bloomsgburgknights.com
Central Columbia Area School	www.ccsd.cc
Columbia County Christian School	www.ccchristianschool.com
Columbia-Montour Area Vo-Tech	www.cmyt.us
Saint Columba Catholic School	www.saintcolumbaschool.org
Susq-Cyber Charter School	www.susqcyber.org

FIRE DEPARTMENTS

Beaver Township Fire Company	570-784-4852
Bloomsgburg Fire Department	570-784-1951
Espy Fire Company	570-784-1357
Lightstreet Fire Company	570-784-7909
Lime Ridge Fire Company	570-784-5935
Main Township Volunteer Fire Company	570-784-9888
Montour Township Fire Department	570-387-8989

WHAT IS GOOD WORK?

According to three prominent psychologists, Howard Gardner, Mihaly Csikszentmihalyi, and William Damon (2001), GoodWork™ is work that is **excellent** (high quality), **ethical** (socially responsible), and **engaged** (meaningful and pleasurable).

- What do you do best?
- What does your community need from you?
- How can you use your talents, abilities, and other positive traits to meet your community's needs?

This booklet highlights some of the needs of your community, organizations that are trying to meet these needs, and ideas for how you can help.

Visit the BU Toy Library (www.bloomu.edu/toy_library) to check out some of the other resources to support your volunteer work and community outreach.



Children & Youth



Big Brothers Big Sisters

37 W Main Street,
P.O. Box 126
Bloomsburg, PA 17815
www.bbbsnepa.com/columbia

We help children reach their potential by building relationships with mentors in the community.

Young people in Grades 5 - 12 may volunteer. For more information, contact **Diane Macri** at (570) 784-0791 or bbbscolumbia@verizon.net.

Girl Scouts in the Heart of Pennsylvania

For information, contact **Elaina Elmore** at (717) 798-0390 or (800) 692-7816 or by email eelmore@gshpa.org.



Boy Scouts of America
5 Audobon Ct, Bloomsburg, PA 17815
www.columbiamountourbsa.org/

For information about Columbia Montour Boy Scouts of America #504, call (570) 784-2700 or visit the website listed above.

Doing Good Your Own Way



There are many ways to share your time, talents, and abilities with organizations in your community. Whether you create your own service club or take a few minutes out of your day to help someone else, everything you do matters.

The following websites list some great ideas to get you started!

- www.volunteerguide.org/
- www.gysd.org/causes
- www.ysa.org/projects
- www.dosomething.org/
- www.volunteermatch.org/
- www.randomactsofkindness.org/
- www.payitforward.foundation/

Community



Bloomsburg Theatre Ensemble

226 Center Street, Bloomsburg, PA 17815

www.bte.org

We provide live theatrical performances and help to create a dynamic educational presence in the community. Young people in Grades 8 - 12 may volunteer. For more information, contact **Cindy Schultz** at (570) 784-5530 or cgschultz@bte.org.



Agape

P.O. Box 424, 19 East 7th Street, Bloomsburg, PA 17815

www.agapelovefromabove.org/

We are a non-denominational, faith-based mission that serves the people in our area. Young people of all ages may volunteer. For more information, call (570) 317-2210 or email info@AGAPElovefromabove.org.

Children & Youth



Children's Museum

2 West 7th Street
Bloomsburg, PA 17815

www.the-childrens-museum.org

We enrich children's lives by fostering a lifelong love of learning with interactive programs and exhibits.

Young people ages 15 years old and older may volunteer. For more information, contact **Shawna Meiser** at (570) 389-9206 or chmuseum@ptd.net.

Your Loving Choices

904 Market Street,
Bloomsburg, PA 17815

www.yourlovingchoices.org/

We promote life as given from God, offering loving support to those facing unplanned pregnancies, providing education about the life-giving options of adoption and parenting, convey God's healing to those traumatized by abortion, and advocating abstinence.



Young people in Grades K - 12 may volunteer. For more information, contact **Ruth Joy Capozzi** at (570) 784-6124 or ruthjoy@yourlovingchoices.org.

Older Adults



Balanced Care Bloomsburg

**3298 Ridge Road
Bloomsburg, PA 17815**

We enrich residents' lives by responding to their unique needs and universal desires for dignity and respect.

Volunteers must be 16 years old or older. Younger children may also volunteer if accompanied by an adult. For more information, contact **Laura Charles** at 570-784-6688 or lcharles@elmcroftseniorliving.com.

Geisinger- Bloomsburg Health Care Center

**211 East 1st Street
Bloomsburg, PA 17815**

We get the community involved in the lives of residents.

For more information, contact **Maria Billmeyer** at 570-784-5930 or MBILLMEYER2@geisinger.edu.



Hunger

Bloomsburg Food Cupboard

**329 Center Street
Bloomsburg, PA 17815**

www.bloomsburgfoodcupboard.org/



We provide food assistance to families in the Bloomsburg area. Young people in Grades 7 - 12 may volunteer. Younger children may also volunteer if accompanied by family members. For more information, contact **Martha Sheehe** at (570) 784-0801 or bfcwinona@aol.com.

Columbia County Food Pantry

P.O. Box 380, Bloomsburg, PA 17815

We feed those who are hungry in Columbia County. Young people in Grades 5 - 12 may volunteer. For more information, contact **Jill Schoepflin** at (570) 387-6501 or jschoepflin@columbiapa.org.

Bloomsburg Community Garden

Ferry Road/McClure Blvd., Bloomsburg, PA 17815

We bring people together to grow food and a strong community. Young people of all ages are welcome to volunteer. For more information, contact the **Garden Coordinator** at jasongodeke@hotmail.com.



Animal Welfare



Animal Resource Center

Bloomsburg, PA 17815

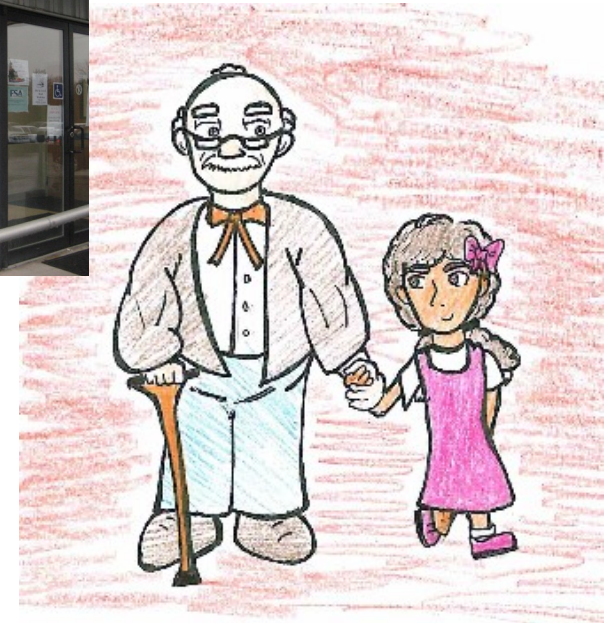
www.nokillarc.org/



We provide a “no kill” shelter for lost or abused animals. You must be 18 years old to volunteer at the shelter; however, young people under 18 years old may also help by collecting food, toys, and supplies or fundraising.

For more information, contact **Linda Bird** at (570) 784-3669 or (570) 490-6319.

Older Adults



Columbia Montour Aging Office, Inc.

**702 Sawmill Road, Suite 201
Bloomsburg, PA 17815**

www.cmaaa15.org

We work hard to keep older adults in their own homes.

Young people in Grades 5 - 12 may volunteer. For more information, contact **Kathi Lynn** at (570) 784-9272 or klynn@cmaaa15.org.

Special Needs



Eos Therapeutic Riding Center

288 Dahl Road, Bloomsburg, PA 17815

www.eostrc.org

We provide therapeutic horseback riding to people with special needs. Young people may assist with games and activities if they are accompanied by an older sibling or adult. For more information, contact **Debbie Smith** at (570) 784-5445 or eostrc@hughes.net.



Special Olympics PA Columbia / Montour

P.O. Box 654, Bloomsburg, PA 17815

www.specialolympicspa.org/involved/volunteers.php

We provide sports and training for people with intellectual disabilities. Young people in Grades K - 12 may volunteer. For more information, contact **Deb Andrews** at (570) 387-1978 or col_monsopa@yahoo.com.

Special Needs



Suncom Industries, Inc.

164 W. 9th Street, Bloomsburg, PA 17815

www.suncom.org

We promote socialization and provide vocational assessment, training, and employment opportunities to enable persons with disabilities to fulfill their potential within the community. Young people in Grades 9 - 12 may volunteer. For more information, contact **Carrie Charles** at (570) 387-0830 or Ccharles@suncom.org.

